



Learning Philosophy

Coach Training for Leaders provides quality coach training accredited through the International Coach Federation. We focus on helping students learn the ICF Core Competencies of coaching skills, as well as learn and experience coaching skills in different applications with individuals, groups, and teams. Our instructors have an average of 8 years of work as coach trainers. They all have multiple additional coach training beyond the requirements for their initial coach certification. All our trainers are ICF-certified coaches credentialed either as a PCC or an MCC with an average of 2,000 hours of coaching hours.

Our training is highly experiential and mostly synchronous. We offer 155 hours of approved Coach Specific Training in 8 modules. The modules are spaced at least one month apart to allow for better retention and mastery by our students. In addition to the 8 modules, we offer 10 hours of Group Mentor Coaching led by 3 instructors, who also provide individual sessions for each participant. We believe all of our students are capable of learning the coaching mindset and coaching skills. Our graduates are well-equipped to become a credentialed coach with the ICF, and guide them in a step-by-step process to achieve this goal.

Our average class size is about 10 students, which allows a critical mass for discussion and practice coaching. Module and Group Mentor Coaching instructors create a safe, non-judgmental space which allows participants to open and develop themselves as people as well as coaches.

While we are not sectarian in our approach, most of our students plan to apply their coaching skills primarily in the context of the Christian church. We do not seek to impart a faith perspective, but our owners and instructors are all ordained clergy.

We encourage all our students to start with our Coaching Foundations module to be sure they learn the fundamentals of coaching skills. Our other modules allow students to focus in specific areas of application such as leadership coaching, group coaching, and discipleship coaching. See our full catalog for a list of offerings.

We provide many opportunities for feedback from instructors and fellow students. The feedback always has several affirmations of the coaching skills demonstrated, as well as suggestions for further growth. The feedback offers insight and provides clarity, enabling continued learning of coaching skills. To make sure that our students are grasping the coaching skills as they move through our program, we provide an extra session for our first three modules with a Coach Supervisor to observe and give written in-depth feedback to each student.

Additionally, we provide a monthly CTL Community gathering for our students and graduates over Zoom at no cost. This is to further support our students to help them continue their learning of coaching skills, to discuss special topics with recognized experts in specialized applications of coaching, and to help them with their business development.